

Origin

Neutral flavour

Nutrition information

MARK 6

Package contains 1 portion

Serving size

330 ml

Energy kJ / kcal	100 g	1 portion	%* 1 portion
	418 / 100	1381 / 330	17 %
Fat	4,9 g	16 g	23 %
of which saturates	0,5 g	1,6 g	8 %
Carbohydrate	8,4 g	28 g	11 %
of which sugars	2,0 g	6,5 g	7 %
Fibre	1,3 g	4,4 g	–
Protein	5,1 g	17 g	33 %
Salt	0,21 g	0,68 g	11 %

Vitamins and minerals %** 1 portion

Vitamin A	40 µg	132 µg	16 %
Thiamin	0,1 mg	0,2 mg	22 %
Riboflavin	0,1 mg	0,2 mg	18 %
Niacin	0,9 mg	3,0 mg	19 %
Pantothenic acid	0,5 mg	1,7 mg	29 %
Vitamin B6	0,1 mg	0,3 mg	18 %
Biotin	2,7 µg	9,1 µg	18 %
Folic acid	20,0 µg	66,0 µg	33 %
Vitamin B12	0,5 µg	1,8 µg	73 %
Vitamin C	4,0 mg	13,0 mg	16 %
Vitamin D	0,3 µg	1,1 µg	21 %
Vitamin E	1,0 mg	3,0 mg	27 %
Vitamin K	3,7 µg	12 µg	16 %
Potassium	158 mg	520 mg	26 %
Iodine	9,00 µg	29,7 µg	20 %
Magnesium	18,7 mg	61,9 mg	16 %
Calcium	50,0 mg	165 mg	21 %
Zinc	0,7 mg	2,3 mg	23 %

* Reference intake of an average adult (8400 kJ/2000 kcal).

** Nutrient reference value.



ManaDrink™ is a nutritionally complete food ready to drink.

Nutritionally complete, high-protein drink fortified with vitamins and minerals. Source of omega-3 fatty acids (0.33 g/100 ml). Contains sugars*** and sweetener. Suitable for vegans.

STORAGE: Protect from heat and direct sunlight. Do not freeze. Shake before use and consume immediately after opening.

INGREDIENTS: filtered water, protein (soy and pea protein isolate, oat protein, hemp protein, brown rice protein, algae protein), maltodextrin, oat fiber, isomaltulose***, inulin, carrot fiber, vegetable oils (canola oil, oil from *Schizochytrium* sp. microalgae, cold-pressed coconut oil, sunflower oil, oat oil, cold-pressed flaxseed oil), emulsifier (soy lecithin, cellulose, cellulose gum), vitamin and mineral blend (sodium chloride, potassium citrate, potassium chloride, calcium carbonate, magnesium oxide, magnesium lactate, zinc gluconate, potassium iodate, vitamin A, thiamine, riboflavin, niacin, pantothenic acid, vitamin B6, biotin, folic acid, vitamin B12, vitamin C, vitamin D2), vitamin E, vitamin K1, sweetener (sucralose), natural and artificial flavouring.

*** Isomaltulose is a source of glucose and fructose.